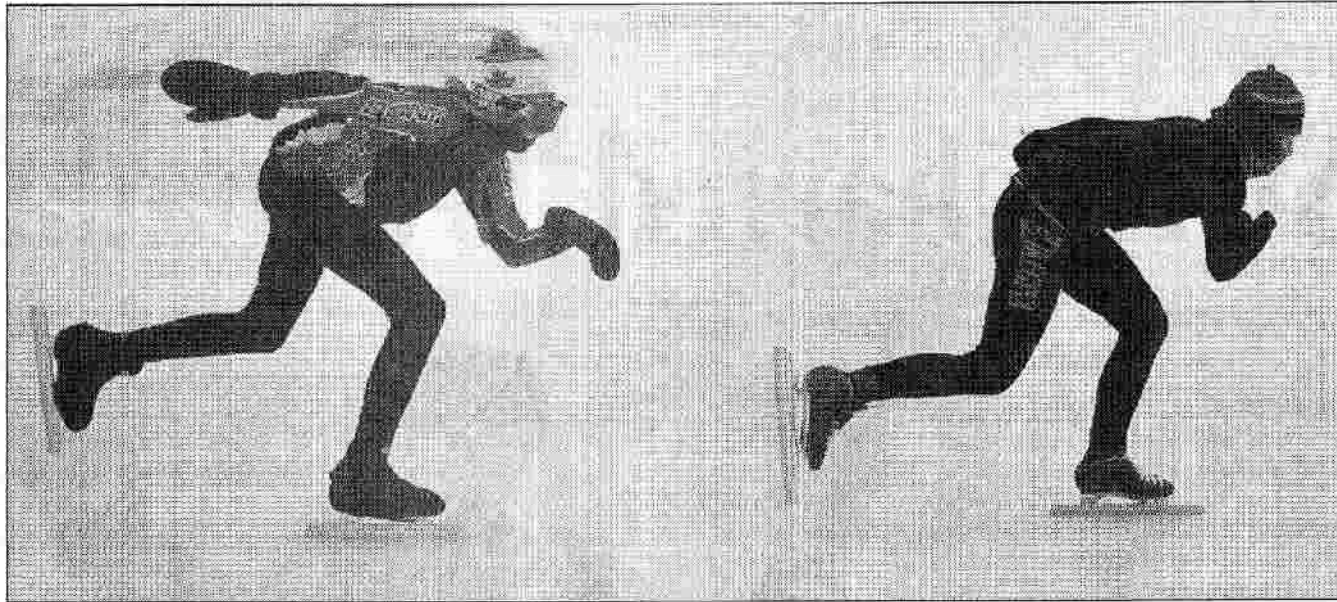


# Wakamow Oval hosting long track camp



**Nyka Sutter, left, and Christina Thiel blaze down the outside Oval at Wakamow Park Monday.** Jeff D'Andrea photograph.

**JEFF D'ANDREA**  
MOOSE JAW TIMES-HERALD

The Outdoor Oval speed skating rink in Wakamow Park was flooded by skaters and not all of them belonged to the Moose Jaw Kiwanis Speed Skating Club.

That's because they were taking part in the 2009 Saskatchewan Amateur Speed Skating Association Long Track Camp. Skaters aged anywhere from Juvenile to Senior flew around the Oval and are training for the Canada Winter Games to take place

in Halifax in Feb. 2011, or the Saskatchewan Winter Games which will be in Moose Jaw Feb. 14-20.

The camp started on Monday, and will finish up on Wednesday. Monday and Tuesday's schedules consist of two 90 minute on-ice session on the long track oval, an hour dry land training session and a seminar lasting an hour. Wednesday, there will be simulation races in the afternoon to give the skaters, who are mostly from Moose Jaw and Regina, a chance to get used to the system.

Junior Joshua Gallipeau and inter-

mediate aged racer Michael Wessels are the two Moose Jaw skaters that are training for the Canada Winter Games.

Both of them have done some training this year in a camp in Calgary, preparing them for Olympic style skating. Both also shaved a considerable number of seconds off of their times, according to MJKSSC coach Glenn Kendall.

"They were both pretty happy with that camp," he said. "I know for a fact Joshua took off 45 seconds off his time already this year.

"So he did really well. We're hoping for big things for Josh this year. I think he's going to be one of our skaters worth watching for sure."

Heading to the Saskatchewan Winter Games that were skating at the camp Monday were Alex, Graeme and Lindsay Fish, Gabrielle Sanson and Mason Viczko.

As far as the short track season went, the Moose Javians participated in two meets, with their latest one taking place in Medicine Hat Nov. 27-28.

In that meet, Graeme Fish earned a gold in Div. 7, Lindsay Fish was awarded a silver medal in Div. 4 and Tyren Huber grabbed a bronze in Div. 9.

"We're off to a pretty good start I think," said Kendall. "I think we're able to compete with what's out there."

The long track season is in its peak now, with tons of meets to go to.

"There's lots of events coming up here in January and February, we're usually pretty busy this time of year," said Kendall.

On Jan 16-17, the Oval will be home to the Sask. Cup Long Track meet, and according to president Moose Jaw Speed Skating Club president Kell Viczko, anywhere from 80-100 participants province-wide are expected to show up.

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