

Old Age Classes	New Age Classes		New Distances			
	Male	Female	Short Track		Long Track	
<b>Cradle (5 and Under)</b> <b>Cradle (5 and Under)</b>	<b>Active Start</b> <b>(Up to 5 years)</b>	<b>Active Start</b> <b>(Up to 5 years)</b>	<b>Individual</b>	<b>Team</b>	<b>Individual</b>	<b>Team</b>
<b>Pee Wee (6-7)</b> <b>Bantam (8-9)</b>	<b>FUNdamentals</b> <b>(6 - 9)</b>	<b>FUNdamentals</b> <b>(6 - 9)</b>	<b>27m*, 50m, 100m, 200m</b>	<b>N/A</b>	<b>25m, 50m, 100m, 200m</b>	<b>N/A</b>
<b>Midget (10-11)</b>	<b>L2T (Learn to Train)</b> <b>(10-12)</b>	<b>L2T (Learn to Train)</b> <b>(10-11)</b>	<b>27m*, 50m, 100m, 200m, 300m, 3000m</b>	<b>Relay: 2000m</b>	<b>25m, 50m, 100m, 200m, 300m, 400m, 3000m</b>	<b>Relay: 5 laps</b>
<b>Juvenile (12-13)</b> <b>Junior (14-15)</b>	<b>T2T (Train to Train)</b> <b>12</b>	<b>T2T (Train to Train)</b> <b>11</b>	<b>* Distance from hockey goal line to centre ice for the execution of a straight-line race.</b>			
	<b>13</b>	<b>12</b>	<b>27m*, 100m, 200m, 300m, 400m, 500m, 3000m</b>	<b>Relay: 2000m</b>	<b>50m, 100m, 200m, 300m, 500m, 2400m, 3000m, 5000m</b>	<b>Relay: 5 laps</b>
	<b>14</b>	<b>13</b>	<b>100m, 200m, 300m, 400m, 500m, 1500m, 3000m</b>	<b>Relay: 3000m</b>	<b>100m, 200m, 300m, 500m, 2400m, 3000m, 5000m</b>	<b>Relay: 5 laps</b>
	<b>15</b>	<b>14</b>				<b>Team Pursuit: 6 or 8 laps</b>
<b>Junior (14-15)</b> <b>Intermediate (16-17)</b>	<b>Junior B</b> <b>(15-16)</b>	<b>Junior B</b> <b>(15-16)</b>	<b>111m, 500m, 1000, 1500m, 3000m</b>	<b>Relay: 3000m, 5000m</b>	<b>100m, 500m, 1000m, 1500m, 3000m, 5000m</b>	<b>Team Pursuit: 6 to 8 laps</b>
<b>Intermediate (16-17)</b> <b>Senior (18 and Up)</b>	<b>Junior A</b> <b>(17-18)</b>	<b>Junior A</b> <b>(17-18)</b>				
<b>Senior (18 and Up)</b>	<b>Neo Senior B</b> <b>(19-20)</b>	<b>Neo Senior B</b> <b>(19-20)</b>				
<b>Senior (18 and Up)</b>	<b>Neo Senior A</b> <b>(21-23)</b>	<b>Neo Senior A</b> <b>(21-23)</b>				
<b>Senior (18 and Up)</b>	<b>Senior</b> <b>(24 and Up)</b>	<b>Senior</b> <b>(24 and Up)</b>				
<b>Masters (30 and Up)</b>	<b>Masters 30 (30-34)</b>	<b>Masters 30 (30-34)</b>	<b>500m, 777m, 1000m, 1500m</b>	<b>Relay: 3000m</b>	<b>500m, 1000m, 1500m, 3000m</b>	<b>Team Pursuit 6 or 8 laps</b>
	<b>Masters 35 (35-39)</b>	<b>Masters 35 (35-39)</b>				
	<b>Masters 40 (40-44)</b>	<b>Masters 40 (40-44)</b>				
	<b>Masters 45 (45-99)</b>	<b>Masters 45 (45-99)</b>				
	<b>Masters 50 (50 -54)</b>	<b>Masters 50 (50 -54)</b>				
	<b>Masters 55 (55-59)</b>	<b>Masters 55 (55-59)</b>				
	<b>Masters 60 (60-64)</b>	<b>Masters 60 (60-64)</b>				
	<b>Masters 65 (65-69)</b>	<b>Masters 65 (65-69)</b>				
	<b>Masters 70 (70-74)</b>	<b>Masters 70 (70-74)</b>				
	<b>Masters 75 (75-79)</b>	<b>Masters 75 (75-79)</b>				
	<b>Masters 80 (80-84)</b>	<b>Masters 80 (80-84)</b>				
	<b>Masters 85 (85-89)</b>	<b>Masters 85 (85-89)</b>				

These are one-year age categories. If a skater starts the season as a 12-year-old and has a birthday before Dec. 31, they will move into the 13-year-old category in the new year.

