



Saskatoon Long Track Meet Information Bulletin

WHEN: January 15th – 16th, 2011

WHERE: Clarence Downey Speed Skating Oval, 11th Street and Ave R south (in Gordon Howe Complex), Saskatoon, Saskatchewan.

MEET FORMAT:

ISU: 1) **Canada Winter Games Skaters, Junior (15 & up) to Masters Skaters.**

All Around: Male: 500m, 1500m, 3000m, 5000m

Female: 500m, 1000m, 1500m, 3000m

And/or Sprint distances: 500m & 1000m

And Team Pursuit

2) **Train to Train:** This is optional; T2T skaters choosing to skate in both will be charged double the fee and reimbursed \$30 when they skate in both ISU and Mass Start. No reimbursement if they pull out of one.

Sprint Distances: 100m & 500m

Mass Start:

Train to Train: 100m, 300m, 500m, 2400m, Relay

Learn to Train: 50m, 300m, 400m, 6-10 minute race, Relay

Fundamentals: 25m, 50m, 100m, 200m, Relay

Active Start

Important Consideration when registering:

- Skaters in the L2T class with competition experience may choose to participate in the T2T class.

AWARDS: Medals, ribbons and time records for applicable age classes.

Tentative Racing Schedule at Speed Skating Oval:

Times are subject to change at Coaches' Meeting Friday night.

Warm-up Times: **ISU:** 08:00am Saturday & Sunday
Mass Start: Approx. 10:30am Saturday & Sunday for Train to Train and Learn to Train Groups
Fundamentals: Approximately 01:30pm on **Saturday only**

Racing Start Times: **ISU:** 08:30am Saturday & Sunday
Mass Start: Approx. 11:00am Saturday & Sunday for Train to Train and Learn to Train Groups
Fundamentals: Approximately 02:00pm on **Saturday only**
Active Start: Approximately 01:30pm on **Saturday only**

The oval will be open for public skating till 08:00pm on Friday evening.

SUGGESTED HOTELS (no reservations made):

NAME	ADDRESS	TELEPHONE #
Travelodge Hotel	106 Circle Dr. W	(306) 242-8881
Holiday Inn Express Hotel & Suites	315 Idylwyld Dr. N	(306) 384-8844
Days Inn	2000 Idylwyld Dr. N	(306) 242-3297
Radisson Hotel	405 20 th St. E	(306) 665-3322
Best Western Inn & Suites	1715 Idylwyld Dr. N	(306) 244-5552
Country Inn & Suites by Carlson	617 Cynthia St	(306) 934-3900
Super 8 Motel	706 Circle Dr. E	(306) 384-8989

ENTRY FEES: All Groups: \$30 per skater

Active Start is free

T2T skaters choosing to skate in ISU and Mass Start will be charged double the fee and reimbursed \$30 when they skate in both ISU and Mass Start. No reimbursement if they pull out of one.

Late Entry Fee: \$60

Please make Cheque out to Saskatoon Lions Speed Skating Club

REGISTRATION DEADLINE: Tuesday, January 11th, 2011

No changes after Wednesday, January 12th.

Last day for FULL REFUND: Wednesday, January 12th, 2011.

COACHES MEETING: Friday, January 14th, 2011 – 7:30pm.

At Clarence Downey Speed Skating Oval,
Saskatoon, SK,

Please:

- (1) Include an e-mail address so that your club coach can receive and review the preliminary race program and skater list.
- (2) Register through your Club and send one cheque made out to SLSSC per Club. Clubs are required to submit a single spreadsheet listing skaters and pertinent information. **Please submit information to the Registrar in an electronic format. Registration must be completed on the provided spreadsheet which is available at:**

http://www.saskspeedskating.com/index.php?p=calendar_of_events

REGISTRAR:

Jason Coutu

Telephone: (306) 220-5482

Email: jason@coutus.net

MEET COORDINATOR:

Fritz Schumann

Telephone: (306) 664-6832

Email: fritz.schumann@sasktel.net

NOTE: The Saskatoon Lions Speed Skating Club reserves the right to alter the race schedule or the start times to ensure the safest and most efficient operation of the Meet.

**SASKATCHEWAN SPEED SKATING ASSOCIATION SANCTIONED
REGISTRATION INFORMATION**

SKATER NAME: _____ **SKATER NO:** _____

PARENT NAME(S): _____

SKATER TELEPHONE #: _____

HEALTH CARD #: _____

AGE CLASS: _____ **AGE** (On July 1, 2010): _____

BIRTH DATE: _____
(year/month/day)

SEX (M/F): _____

BEST 500 M TIME: _____

BEST 300 M TIME: _____

CLUB NAME: _____

Please confirm faxes and e-mail registration with Registrar.

Waiver for Skaters: All skaters must have completed a Saskatchewan Speed Skating Association waiver form. This is a policy adopted by the Saskatchewan Speed Skating Association. This type of release form is now used by many sports. The Saskatoon Lions Speed Skating Club cannot allow any skater to compete who has not completed this form!

Saskatchewan Amateur Speed Skating Association

RELEASE, WAIVER AND ASSUMPTION OF RISK

EVENT: _____ (see Schedule A)

I, _____ have read the rules and regulations issued for this event and agree to be bound by them. I hereby acknowledge and agree that in consideration of acceptance of this entry or my being permitted to take part in this event:

1. I DO HEREBY RELEASE the Saskatchewan Amateur Speed Skating Association (SASSA) and Speed Skating Canada (SSC), the affiliate club or Association hosting this event namely: _____ (see Schedule B), and the members, officers, directors, employees, volunteers, servants, independent contractors, representatives and agents of the SSC, SASSA and the said affiliate from all liability, and do hereby waive as against the SSC, SASSA, the affiliate and members, officers, directors, employees, volunteers, servants, independent contractors, representatives and agents of SSC, SASSA and the said affiliate all recourses, claims, causes of action of any kind whatsoever in respect of all personal injuries or property losses which I may suffer arising out of or connected with my preparation for or participation in this event notwithstanding that such injuries or losses may have been caused solely or partly by the negligence of the SSC, SASSA, the said affiliate or any of the members, officers, directors, employees, volunteers, servants, independent contractors, representatives and agents of the SSC, SASSA and the said affiliate.

2. AND, I DO HEREBY ACKNOWLEDGE AND AGREE:

- (a) That the sport of speed skating is very dangerous, exposing participants to many risks and hazards including personal injury, death and property damage, some of which are inherent in the very nature of the sport, other which might result from human error and negligence on the part of the persons involved in preparing, organizing and staging the races and other activities associated with the event;
- (b) That I freely and voluntarily assume all the aforesaid risks and hazards and my preparation for and participation in this event is entirely at my own risk;
- (c) That I understand that neither the SSC, SASSA nor the said affiliate nor any members, officers, directors, employees, volunteers, servants, independent contractors, representatives and agents of the SSC, SASSA and the said affiliate assume any responsibility whatsoever for my safety during the course of my preparation for or participation in this event;
- (d) That this RELEASE, WAIVER AND ASSUMPTION OF RISK agreement is binding upon myself, my heirs, my executors, administrators, personal representatives and assigns;
- (e) That I have carefully read this RELEASE, WAIVER AND ASSUMPTION OF RISK agreement, that I fully understand same and that I am freely and voluntarily executing same.

DATED at _____, this _____ day of _____, 20____.

(Participant) (Signature of parent/guardian if participant is under 18 years)

(Witness)

Saskatchewan Amateur Speed Skating Association

PARENT ACKNOWLEDGEMENT, RELEASE AND AGREEMENT TO INDEMNIFY

WE, _____ being the parents or guardians or individuals with custody and responsibility of _____ (hereinafter called my child) for good and valuable consideration, the receipt of which is hereby acknowledged, DO HEREBY AGREE AND ACKNOWLEDGE:

1. That I/WE have read and understand fully the attached, RELEASE, WAIVER AND ASSUMPTION OF RISK agreement.
2. That I/WE have explained fully to my child the consequences of signing the said RELEASE, WAIVER AND ASSUMPTION OF RISK agreement.
3. That the said RELEASE, WAIVER AND ASSUMPTION OF RISK agreement is on the whole beneficial to my child.
4. That I/WE do hereby release the Saskatchewan Amateur Speed Skating Association (hereinafter called SASSA), Speed Skating Canada (hereinafter called SSC), the affiliate referred to in the RELEASE, WAIVER AND ASSUMPTION OF RISK agreement and the members, officers, directors, employees, volunteers, servants, independent contractors, representatives and agents of the SSC, SASSA and the said affiliate, all recourses, claims, causes of action of any kind whatsoever in respect of damages I/WE might suffer as a consequence of my child sustaining personal injury, death or property loss while participating in the event referred to in the RELEASE, WAIVER, AND ASSUMPTION OF RISK agreement, notwithstanding that such injury, death or loss may have caused solely or partly by the negligence of the SSC, SASSA the said affiliate or any members, officers, directors, employees, volunteers, servants, independent contractors, representatives and agents of the SSC, SASSA and the said affiliate.
5. That I/WE do hereby agree to indemnify and hold harmless the SSC, SASSA, the said affiliate and the members, officers, directors, employees, volunteers, servants, independent contractors, representatives and agents of the SSC, SASSA and the said affiliate from any and all claims, demands, causes of action of any kind whatsoever including those involving negligence on the part of the SSC, SASSA, the said affiliate or any members, officers, directors, employees, volunteers, servants, independent contractors, representatives and agents of the SSC, SASSA and the said affiliate that may be made or initiated by, or on behalf of my child, arising out of or connected with my child's preparation for or participation in the event referred to in the RELEASE, WAIVER AND ASSUMPTION OF RISK agreement.

DATED at _____, this _____ day of _____, 20_____.

(Parent or Guardian)

(Parent or Guardian)