



2024 John Sands Classic Long Track Ability Meet Information Bulletin

This is not a split meet.

WHEN: January 20 – 21, 2024

WHERE: Clarence Downey Speed Skating Oval, 11th Street & Avenue R South (in Gordie Howe Complex), Saskatoon, Saskatchewan

MEET FORMAT:

All races are time & weather permitting

Neo-Junior 14/15, Junior, Senior, Masters

OS 500m, 1000m, 1500m. OS 3000m or 5000m. Mass Start 10 laps. Team pursuit 6 laps. **500m LT and/or 500m ST seed time(s) required. Coaches' times accepted.**

Masters Rec

OS 200m, 500m, 500m heat and final, 1000m

All races are on Sunday.

500m LT seed time required. Coaches' times accepted.

Youth 11-13

OS 500m

Mass Start 300m

Team Pursuit (4 laps)

Mass Start 7 laps

Mass Start Super Final 1500m

Ability Super Final 1000m

- Races based on CYLT format

400m short track seed time required. Coaches' times accepted.

Ages 5-10

Top groups will race: Mass Start 100m, 300m, 500m, 800m and 4 lap relay

Bottom groups will race: Mass Start 100m, 200m, 300m and 2 lap relay

400m short track seed time from a previous or from coach, if available.

Active Start (under 6)

50m and 100m

Races immediately before lunch on Saturday & Sunday

ENTRY FEES:

Under 6 (Active Start)= \$20

ALL other categories= \$80

REGISTRATION:

<https://icereg.ca/#!/events/john-sands-classic-2024>

REGISTRATION DEADLINE:

Tuesday January 9, 2024 at 11:59pm.

Late Entry Fee: double

COMMUNICATIONS:

Schedules, races and results will be posted on Sportity. Event password is **JSLT2024**.

COACHES MEETING:

Thursday January 18, 2024 at 9:15pm on MS Teams. Link will be emailed to coaches. Coaches register, free of charge, using the IceReg registration link for skaters.

REGISTRAR:

Colleen Patterson & Hui Meng

meetrecorder.slssc@gmail.com

MEET COORDINATOR:

Darcie Gravel

(306) 514-7785

meetcoordinator@slspeedskating.com

ACCOMMODATIONS:

A block of rooms is available at Best Western Plus East Side. Call 306.986.2400 and ask for booking under "Lions Speed Skating Club." The block of rooms is being saved until December 27, 2023.

FOOD:

There is NO food available for purchase at Clarence Downey Speed Skating Oval.

Lunch will be provided for volunteers and officials on the day they volunteer.