

## Short Track Personal Best Times - 2018-2019 Season

Please contact the SASSA Office for any discrepancies in this document

Legend		
Athlete Name	Distances Skated	Overall
Personal Best	All Time Personal Best Time	
Current Season Best Time	Season's Best Time for each Distance	
Improvement	Percentage of beginning of season's time. The lower the percentage the higher the level of improvement	

All skaters are sorted in alphabetical order in their age categories.

Highlighted Times are new Provincial Records (Junior B + up only)

FUNdamentals - Female							
Bartake, Evelyn	100m	200m	300m	400m	800m	Overall	
Personal Best	00:23.61	00:49.82		02:02.57		03:16.00	
Current Season Best Time	00:23.61	00:49.82		02:02.57		03:16.00	
Improvement	100.00%	100.00%	#DIV/0!	100.00%	#DIV/0!	100.00%	
Beveridge Warick, Taras	100m	200m	300m	400m	800m	1500m	Overall
Personal Best	00:14.67	00:36.62	00:46.86	01:05.29	02:41.41	04:43.49	10:08.34
Current Season Best Time	00:14.67	00:26.46	00:41.30	00:55.94	01:45.14		04:03.51
Improvement	100.00%	72.26%	88.13%	85.68%	65.14%	0.00%	40.03%
Bouvier, Adrianna	100m	200m	300m	400m	700m	1000m	Overall
Personal Best		00:52.75	01:34.98	02:04.64	04:25.83	05:17.46	14:15.66
Current Season Best Time		00:48.30	01:18.77	01:41.58	04:25.83	05:17.46	13:31.94
Improvement	#DIV/0!	91.56%	82.93%	81.50%	100.00%	100.00%	94.89%
Carr, Evyn	100m	200m	300m	400m	500m	1000m	Overall
Personal Best	00:20.61	00:46.54	00:58.33	01:34.93	01:38.93	04:05.74	09:04.47
Current Season Best Time		00:36.45	00:55.64	01:25.46			02:57.55
Improvement	0.00%	78.32%	95.39%	90.02%	0.00%	0.00%	32.61%
Cousineau, Meg	100m	200m	300m	400m	500m	1000m	Overall
Personal Best	00:22.50	00:37.23	01:07.79	01:16.22	01:41.54	03:15.39	07:58.17
Current Season Best Time		00:36.36	00:54.36	01:11.75		03:15.39	05:57.86
Improvement	0.00%	97.66%	80.19%	94.14%	0.00%	100.00%	74.84%
Craik, Avery	100m	200m	300m	400m	500m	1000m	Overall

<b>Personal Best</b>	<b>00:24.42</b>	<b>00:50.43</b>		<b>01:51.85</b>			<b>02:42.28</b>	
Current Season Best Time	<a href="#">00:24.42</a>	<a href="#">00:50.43</a>		<a href="#">01:51.85</a>			03:06.70	
Improvement	100.00%	100.00%	#DIV/0!	100.00%	#DIV/0!	#DIV/0!	115.05%	
<b>Finch, Jayda</b>	<b>200m</b>	<b>300m</b>	<b>400m</b>	<b>800m</b>	<b>1500m</b>	<b>Overall</b>		
<b>Personal Best</b>	<b>00:41.20</b>	<b>01:01.27</b>	<b>01:04.40</b>	<b>03:04.77</b>	<b>04:33.84</b>	<b>10:25.48</b>		
Current Season Best Time	<a href="#">00:30.89</a>	<a href="#">00:45.27</a>	<a href="#">00:59.88</a>		<a href="#">04:33.84</a>	06:49.88		
Improvement	74.98%	73.89%	92.98%	0.00%	100.00%	65.53%		
<b>Hutton, Mckenna</b>	<b>100m</b>	<b>200m</b>	<b>300m</b>	<b>500m</b>	<b>800m</b>	<b>1000m</b>	<b>Overall</b>	
<b>Personal Best</b>	<b>00:23.58</b>		<b>01:10.74</b>	<b>01:53.39</b>			<b>03:27.71</b>	
Current Season Best Time							00:00.00	
Improvement	0.00%	#DIV/0!	0.00%	0.00%	#DIV/0!	#DIV/0!	0.00%	
<b>Kendze, Chloe</b>	<b>100m</b>	<b>200m</b>	<b>300m</b>	<b>400m</b>	<b>800m</b>	<b>1000m</b>	<b>Overall</b>	
<b>Personal Best</b>	<b>00:18.18</b>	<b>00:37.60</b>	<b>01:07.24</b>	<b>01:17.78</b>	<b>02:17.61</b>	<b>03:25.51</b>	<b>08:45.74</b>	
Current Season Best Time	<a href="#">00:18.18</a>	<a href="#">00:34.51</a>	<a href="#">00:53.83</a>	<a href="#">01:12.41</a>	<a href="#">02:17.61</a>	<a href="#">03:00.60</a>	07:58.96	
Improvement	100.00%	91.78%	80.06%	93.10%	100.00%	87.88%	91.10%	
<b>Kenyon, Gemma</b>	<b>100m</b>	<b>200m</b>	<b>300m</b>	<b>400m</b>	<b>500m</b>	<b>800m</b>	<b>1000m</b>	<b>Overall</b>
<b>Personal Best</b>	<b>00:22.47</b>	<b>00:53.40</b>	<b>01:07.10</b>	<b>01:19.98</b>	<b>01:59.57</b>	<b>03:27.58</b>	<b>03:43.19</b>	<b>12:53.29</b>
Current Season Best Time	<a href="#">00:20.49</a>	<a href="#">00:35.86</a>	<a href="#">00:56.95</a>	<a href="#">01:18.58</a>		<a href="#">02:45.92</a>	<a href="#">03:43.19</a>	09:40.99
Improvement	91.19%	67.15%	84.87%	98.25%	0.00%	79.93%	100.00%	75.13%
<b>MacDonald, Brynn</b>	<b>100m</b>	<b>200m</b>	<b>300m</b>	<b>400m</b>	<b>500m</b>	<b>1000m</b>	<b>Overall</b>	
<b>Personal Best</b>	<b>00:20.91</b>	<b>00:42.76</b>	<b>01:04.11</b>	<b>01:27.56</b>	<b>01:52.49</b>	<b>03:09.95</b>	<b>08:37.78</b>	
Current Season Best Time		<a href="#">00:33.05</a>	<a href="#">00:54.24</a>	<a href="#">01:03.04</a>		<a href="#">03:06.71</a>	05:37.04	
Improvement	0.00%	77.29%	84.60%	72.00%	0.00%	98.29%	65.09%	
<b>Maier, Katya</b>	<b>100m</b>	<b>200m</b>	<b>300m</b>	<b>400m</b>	<b>800m</b>	<b>1000m</b>	<b>Overall</b>	
<b>Personal Best</b>		<b>00:49.56</b>	<b>01:20.33</b>	<b>01:46.95</b>	<b>04:04.43</b>	<b>04:35.16</b>	<b>12:36.43</b>	
Current Season Best Time							00:00.00	
Improvement	#DIV/0!	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	
<b>Seman, Claire</b>	<b>100m</b>	<b>200m</b>	<b>300m</b>	<b>400m</b>	<b>800m</b>	<b>1500m</b>	<b>Overall</b>	
<b>Personal Best</b>	<b>00:18.88</b>	<b>00:33.23</b>	<b>00:49.66</b>	<b>01:05.29</b>	<b>02:21.64</b>	<b>04:27.64</b>	<b>08:31.05</b>	
Current Season Best Time							00:00.00	
Improvement	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	
<b>Veeman, Lena</b>	<b>100m</b>	<b>200m</b>	<b>300m</b>	<b>400m</b>	<b>800m</b>	<b>1500m</b>	<b>Overall</b>	
<b>Personal Best</b>	<b>00:15.18</b>	<b>00:35.46</b>	<b>00:52.41</b>	<b>01:11.57</b>	<b>02:45.76</b>	<b>04:06.09</b>	<b>09:31.29</b>	



<b>Personal Best</b>	<b>00:27.41</b>	<b>00:39.67</b>	<b>00:52.27</b>	<b>01:08.90</b>	<b>01:47.35</b>	<b>02:36.55</b>	<b>03:24.80</b>	<b>10:56.95</b>	
Current Season Best Time	<a href="#">00:26.20</a>	<a href="#">00:38.84</a>	<a href="#">00:52.00</a>				<a href="#">03:27.09</a>	05:24.13	
Improvement	95.59%	97.91%	99.48%	0.00%	0.00%	0.00%	101.12%	49.34%	
<b>Mathies, Kira</b>	<b>100m</b>	<b>200m</b>	<b>300m</b>	<b>400m</b>	<b>1000m</b>	<b>1500m</b>	<b>Overall</b>		
<b>Personal Best</b>	<b>00:19.58</b>	<b>00:37.47</b>	<b>01:02.32</b>	<b>01:28.49</b>	<b>03:30.42</b>		<b>06:38.70</b>		
Current Season Best Time	<a href="#">00:19.58</a>	<a href="#">00:35.94</a>	<a href="#">01:01.88</a>	<a href="#">01:11.61</a>	<a href="#">03:30.42</a>		06:19.85		
Improvement	100.00%	95.92%	99.29%	80.92%	100.00%	#DIV/0!	95.27%		
<b>Meinert, Natalie</b>	<b>100m</b>	<b>200m</b>	<b>300m</b>	<b>400m</b>	<b>500m</b>	<b>800m</b>	<b>1000m</b>	<b>1500m</b>	<b>Overall</b>
<b>Personal Best</b>	<b>00:15.59</b>	<b>00:34.11</b>	<b>00:52.74</b>	<b>01:10.94</b>	<b>01:16.54</b>	<b>02:45.50</b>	<b>03:09.63</b>	<b>04:02.62</b>	<b>13:52.08</b>
Current Season Best Time	<a href="#">00:15.59</a>	<a href="#">00:28.91</a>	<a href="#">00:44.59</a>	<a href="#">00:58.23</a>		<a href="#">01:55.52</a>		<a href="#">04:02.62</a>	08:09.87
Improvement	100.00%	84.76%	84.55%	82.08%	0.00%	69.80%	0.00%	100.00%	58.87%
<b>Simpson, Bailey</b>	<b>100m</b>	<b>200m</b>	<b>300m</b>	<b>400m</b>	<b>800m</b>	<b>1000m</b>	<b>Overall</b>		
<b>Personal Best</b>	<b>00:20.32</b>	<b>00:42.87</b>	<b>01:03.07</b>	<b>01:28.42</b>	<b>02:36.12</b>	<b>03:28.78</b>	<b>09:19.26</b>		
Current Season Best Time	<a href="#">00:20.32</a>	<a href="#">00:36.89</a>	<a href="#">00:54.49</a>	<a href="#">01:12.05</a>	<a href="#">02:36.12</a>	<a href="#">03:15.18</a>	08:34.73		
Improvement	100.00%	86.05%	86.40%	81.49%	100.00%	93.49%	92.04%		
<b>Stack-Michasiw, Lydia</b>	<b>200m</b>	<b>300m</b>	<b>400m</b>	<b>800m</b>	<b>1000m</b>	<b>Overall</b>			
<b>Personal Best</b>	<b>00:31.20</b>	<b>00:48.82</b>	<b>01:02.09</b>	<b>02:50.74</b>	<b>02:47.37</b>	<b>08:00.22</b>			
Current Season Best Time						00:00.00			
Improvement	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%			
<b>Textor, Hannah</b>	<b>100m</b>	<b>200m</b>	<b>300m</b>	<b>400m</b>	<b>500m</b>	<b>700m</b>	<b>1000m</b>	<b>Overall</b>	
<b>Personal Best</b>	<b>00:21.38</b>	<b>00:44.41</b>	<b>01:11.71</b>	<b>01:35.27</b>		<b>02:37.32</b>	<b>04:12.29</b>	<b>10:21.00</b>	
Current Season Best Time	<a href="#">00:21.38</a>	<a href="#">00:41.63</a>	<a href="#">01:06.79</a>	<a href="#">01:27.59</a>		<a href="#">02:37.32</a>	<a href="#">04:12.29</a>	10:05.62	
Improvement	100.00%	93.74%	93.14%	91.94%	#DIV/0!	100.00%	100.00%	97.52%	

<b>T2T 11 - Female</b>									
<b>Cletheroe, Kharma</b>	<b>100m</b>	<b>200m</b>	<b>300m</b>	<b>400m</b>	<b>500m</b>	<b>1000m</b>	<b>1500m</b>	<b>Overall</b>	
<b>Personal Best</b>	<b>00:15.76</b>	<b>00:29.41</b>	<b>00:43.76</b>	<b>00:57.83</b>	<b>02:07.34</b>	<b>02:42.91</b>	<b>04:04.60</b>	<b>11:21.61</b>	
Current Season Best Time		<a href="#">00:28.61</a>	<a href="#">00:42.74</a>	<a href="#">00:57.01</a>			<a href="#">04:04.60</a>	06:12.96	
Improvement	0.00%	97.28%	97.67%	98.58%	0.00%	0.00%	100.00%	54.72%	
<b>Dvorak, Sophia</b>	<b>200m</b>	<b>300m</b>	<b>400m</b>	<b>500m</b>	<b>1500m</b>	<b>2000m</b>	<b>3000m</b>	<b>Overall</b>	
<b>Personal Best</b>	<b>00:28.68</b>	<b>00:47.43</b>	<b>00:56.41</b>	<b>01:12.61</b>	<b>04:01.51</b>	<b>05:00.05</b>	<b>08:06.99</b>	<b>20:33.68</b>	
Current Season Best Time	<a href="#">00:25.76</a>		<a href="#">00:48.73</a>		<a href="#">03:25.10</a>	<a href="#">05:00.05</a>		09:39.64	
Improvement	89.82%	0.00%	86.39%	0.00%	84.92%	100.00%	0.00%	46.98%	

<b>Hrycuik, Sophia</b>	<b>200m</b>	<b>400m</b>	<b>500m</b>	<b>1000m</b>	<b>1500m</b>	<b>2000m</b>	<b>3000m</b>	<b>Overall</b>
<b>Personal Best</b>	<b>00:25.84</b>	<b>00:49.27</b>	<b>01:10.47</b>	<b>02:09.90</b>	<b>03:05.83</b>	<b>04:47.23</b>	<b>07:01.99</b>	<b>19:30.53</b>
Current Season Best Time	<a href="#">00:24.83</a>	<a href="#">00:47.11</a>			<a href="#">03:15.42</a>	<a href="#">04:47.23</a>	<a href="#">07:30.71</a>	16:45.30
Improvement	96.09%	95.62%	0.00%	0.00%	105.16%	100.00%	106.81%	85.88%
<b>Scutchings, Melissa</b>	<b>200m</b>	<b>300m</b>	<b>400m</b>	<b>500m</b>	<b>1000m</b>	<b>1500m</b>	<b>2000m</b>	<b>Overall</b>
<b>Personal Best</b>	<b>00:28.36</b>	<b>00:43.10</b>	<b>00:54.92</b>	<b>02:04.10</b>	<b>02:26.31</b>	<b>03:31.09</b>	<b>04:42.95</b>	<b>12:46.73</b>
Current Season Best Time	<a href="#">00:25.86</a>		<a href="#">00:49.68</a>			<a href="#">03:22.27</a>	<a href="#">04:42.95</a>	09:20.76
Improvement	91.18%	0.00%	90.46%	0.00%	0.00%	95.82%	100.00%	73.14%
<b>Stribbell, Taryn</b>	<b>200m</b>	<b>300m</b>	<b>400m</b>	<b>500m</b>	<b>1500m</b>	<b>2000m</b>	<b>3000m</b>	<b>Overall</b>
<b>Personal Best</b>	<b>00:28.17</b>		<b>00:56.58</b>		<b>03:46.23</b>	<b>05:24.89</b>		<b>10:35.87</b>
Current Season Best Time	<a href="#">00:28.17</a>		<a href="#">00:56.58</a>		<a href="#">03:44.27</a>	<a href="#">05:24.89</a>		10:33.91
Improvement	100.00%	#DIV/0!	100.00%	#DIV/0!	99.13%	100.00%	#DIV/0!	99.69%

<b>T2T 12 - Female</b>									
<b>Beaugard, Felicity</b>	<b>200m</b>	<b>300m</b>	<b>400m</b>	<b>500m</b>	<b>1000m</b>	<b>1500m</b>	<b>2000m</b>	<b>3000m</b>	<b>Overall</b>
<b>Personal Best</b>	<b>00:28.03</b>	<b>00:44.03</b>	<b>00:53.28</b>	<b>01:37.30</b>	<b>03:22.76</b>	<b>03:35.36</b>	<b>05:15.03</b>	<b>08:07.37</b>	<b>24:03.16</b>
Current Season Best Time	<a href="#">00:26.15</a>		<a href="#">00:49.24</a>			<a href="#">03:28.52</a>	<a href="#">05:08.84</a>		09:52.75
Improvement	93.29%	0.00%	92.42%	0.00%	0.00%	96.82%	98.04%	0.00%	41.07%
<b>Carle, Mickayla</b>	<b>200m</b>	<b>300m</b>	<b>400m</b>	<b>1000m</b>	<b>1500m</b>	<b>2000m</b>	<b>3000m</b>	<b>Overall</b>	
<b>Personal Best</b>	<b>00:28.50</b>		<b>00:56.00</b>		<b>03:40.49</b>	<b>05:18.72</b>	<b>08:03.82</b>	<b>18:27.53</b>	
Current Season Best Time	<a href="#">00:28.66</a>		<a href="#">00:56.49</a>		<a href="#">03:56.64</a>	<a href="#">05:18.72</a>		10:40.51	
Improvement	100.56%	#DIV/0!	100.88%	#DIV/0!	107.32%	100.00%	0.00%	57.83%	
<b>Cloutier, Ella</b>	<b>200m</b>	<b>300m</b>	<b>400m</b>	<b>800m</b>	<b>1000m</b>	<b>1500m</b>	<b>2000m</b>	<b>3000m</b>	<b>Overall</b>
<b>Personal Best</b>	<b>00:23.55</b>	<b>00:37.33</b>	<b>00:43.73</b>	<b>01:39.21</b>	<b>02:15.16</b>	<b>02:56.29</b>	<b>04:32.43</b>	<b>06:17.32</b>	<b>13:07.70</b>
Current Season Best Time	<a href="#">00:22.95</a>		<a href="#">00:42.57</a>			<a href="#">02:49.78</a>		<a href="#">05:56.35</a>	09:51.65
Improvement	97.45%	0.00%	97.35%	0.00%	0.00%	96.31%	0.00%	94.44%	75.11%
<b>Dallaire, Serena</b>	<b>200m</b>	<b>300m</b>	<b>400m</b>	<b>500m</b>	<b>1000m</b>	<b>1500m</b>	<b>3000m</b>	<b>Overall</b>	
<b>Personal Best</b>	<b>00:22.92</b>	<b>00:36.05</b>	<b>00:41.96</b>	<b>01:15.81</b>	<b>02:05.65</b>	<b>02:52.98</b>	<b>06:05.69</b>	<b>12:45.25</b>	
Current Season Best Time	<a href="#">00:22.23</a>		<a href="#">00:41.82</a>	<a href="#">00:51.22</a>	<a href="#">01:43.69</a>	<a href="#">02:40.57</a>	<a href="#">05:59.39</a>	12:18.92	
Improvement	96.99%	0.00%	99.67%	67.56%	82.52%	92.83%	98.28%	96.56%	
<b>Frombach, Amber</b>	<b>200m</b>	<b>400m</b>	<b>500m</b>	<b>800m</b>	<b>1000m</b>	<b>1500m</b>	<b>3000m</b>	<b>Overall</b>	
<b>Personal Best</b>	<b>00:25.68</b>	<b>00:49.22</b>	<b>02:00.96</b>	<b>02:17.90</b>	<b>02:25.90</b>	<b>03:17.98</b>	<b>07:33.08</b>	<b>16:49.76</b>	
Current Season Best Time	<a href="#">00:26.62</a>	<a href="#">00:50.17</a>				<a href="#">03:41.83</a>		04:58.62	

<b>Improvement</b>	103.66%	101.93%	0.00%	0.00%	0.00%	112.05%	0.00%	29.57%
<b>Pieper, Kearah</b>	<b>200m</b>	<b>300m</b>	<b>400m</b>	<b>800m</b>	<b>1500m</b>	<b>2000m</b>	<b>Overall</b>	
<b>Personal Best</b>	00:27.28		00:51.78		03:29.88	04:52.62	09:41.56	
<b>Current Season Best Time</b>	<a href="#">00:25.84</a>		<a href="#">00:50.35</a>		<a href="#">03:22.35</a>	<a href="#">04:49.43</a>	09:27.97	
<b>Improvement</b>	94.72%	#DIV/0!	97.24%	#DIV/0!	96.41%	98.91%	97.66%	
<b>Turnbull, Sophie</b>	<b>200m</b>	<b>400m</b>	<b>1000m</b>	<b>1500m</b>	<b>2000m</b>	<b>3000m</b>	<b>Overall</b>	
<b>Personal Best</b>	00:27.63	00:52.71	03:04.73	03:26.02	04:26.03	07:05.07	09:12.39	
<b>Current Season Best Time</b>	<a href="#">00:26.18</a>	<a href="#">00:49.25</a>		<a href="#">03:13.24</a>	<a href="#">04:20.15</a>		08:48.82	
<b>Improvement</b>	94.75%	93.44%	0.00%	93.80%	97.79%	0.00%	95.73%	
<b>Smith, Julia</b>	<b>200m</b>	<b>400m</b>	<b>500m</b>	<b>800m</b>	<b>1500m</b>	<b>2000m</b>	<b>3000m</b>	<b>Overall</b>
<b>Personal Best</b>	00:27.26	00:52.45	01:11.57	02:16.93	03:24.52	04:24.89	07:04.83	19:42.45
<b>Current Season Best Time</b>	<a href="#">00:25.61</a>	<a href="#">00:48.65</a>			<a href="#">03:13.00</a>	<a href="#">04:19.61</a>		08:46.87
<b>Improvement</b>	93.95%	92.76%	0.00%	0.00%	94.37%	98.01%	0.00%	44.56%

<b>T2T 13 - Female</b>									
<b>Andreas, Shannon</b>	<b>200m</b>	<b>300m</b>	<b>400m</b>	<b>1000m</b>	<b>1500m</b>	<b>2000m</b>	<b>3000m</b>	<b>Overall</b>	
<b>Personal Best</b>	00:27.41	00:51.55	00:52.10	02:43.24	03:32.84	04:50.89	07:33.27	20:51.30	
<b>Current Season Best Time</b>	<a href="#">00:26.38</a>		<a href="#">00:51.76</a>		<a href="#">03:24.16</a>	<a href="#">04:50.89</a>		09:33.19	
<b>Improvement</b>	96.24%	0.00%	99.35%	0.00%	95.92%	100.00%	0.00%	45.81%	
<b>Benson, Kiara</b>	<b>200m</b>	<b>300m</b>	<b>400m</b>	<b>1500m</b>	<b>2000m</b>	<b>3000m</b>	<b>Overall</b>		
<b>Personal Best</b>	00:26.56		00:51.88	03:34.67	04:52.79	07:41.22	17:27.12		
<b>Current Season Best Time</b>	<a href="#">00:26.06</a>		<a href="#">00:50.85</a>	<a href="#">03:19.45</a>	<a href="#">04:33.93</a>		09:10.29		
<b>Improvement</b>	98.12%	#DIV/0!	98.01%	92.91%	93.56%	0.00%	52.55%		
<b>Bracha, Kiera</b>	<b>200m</b>	<b>300m</b>	<b>400m</b>	<b>500m</b>	<b>1000m</b>	<b>1500m</b>	<b>2000m</b>	<b>3000m</b>	<b>Overall</b>
<b>Personal Best</b>	00:23.75	00:36.67	00:44.65	01:01.09	02:11.92	02:50.86	04:27.01	06:10.66	18:26.61
<b>Current Season Best Time</b>	<a href="#">00:23.33</a>		<a href="#">00:43.45</a>			<a href="#">02:48.19</a>		<a href="#">05:53.21</a>	09:48.18
<b>Improvement</b>	98.23%	0.00%	97.31%	0.00%	0.00%	98.44%	0.00%	95.29%	53.15%
<b>Capill, Morgan</b>	<b>200m</b>	<b>300m</b>	<b>400m</b>	<b>1000m</b>	<b>1500m</b>	<b>3000m</b>	<b>Overall</b>		
<b>Personal Best</b>	00:24.43	00:41.67	00:47.77	02:16.44	03:06.59	06:31.29	13:48.19		
<b>Current Season Best Time</b>	<a href="#">00:24.00</a>		<a href="#">00:45.57</a>		<a href="#">02:59.17</a>	<a href="#">06:13.02</a>	10:21.76		
<b>Improvement</b>	98.24%	0.00%	95.39%	0.00%	96.02%	95.33%	75.07%		
<b>Liu, Yilin</b>	<b>200m</b>	<b>300m</b>	<b>400m</b>	<b>1000m</b>	<b>1500m</b>	<b>2000m</b>	<b>Overall</b>		
<b>Personal Best</b>	00:30.15		00:58.62		04:01.29	05:30.91	11:00.97		

Current Season Best Time	<a href="#">00:30.15</a>		<a href="#">00:58.62</a>		<a href="#">04:01.29</a>	<a href="#">05:30.91</a>	11:00.97	
Improvement	100.00%	#DIV/0!	100.00%	#DIV/0!	100.00%	100.00%	100.00%	
<b>Reynoldson, Gracie</b>	<b>200m</b>	<b>400m</b>	<b>1000m</b>	<b>1500m</b>	<b>2000m</b>	<b>3000m</b>	<b>Overall</b>	
<b>Personal Best</b>	<b>00:23.33</b>	<b>00:43.22</b>	<b>02:15.19</b>	<b>03:00.02</b>	<b>04:14.60</b>	<b>06:16.62</b>	<b>16:52.98</b>	
Current Season Best Time	<a href="#">00:22.28</a>	<a href="#">00:41.77</a>		<a href="#">02:52.85</a>		<a href="#">06:06.95</a>	10:03.85	
Improvement	95.50%	96.65%	0.00%	96.02%	0.00%	97.43%	59.61%	
<b>Seman, Avery</b>	<b>200m</b>	<b>400m</b>	<b>800m</b>	<b>1000m</b>	<b>1500m</b>	<b>2000m</b>	<b>3000m</b>	<b>Overall</b>
<b>Personal Best</b>	<b>00:26.54</b>	<b>00:51.35</b>	<b>02:11.06</b>	<b>03:32.20</b>	<b>03:34.27</b>	<b>04:55.72</b>	<b>07:37.46</b>	<b>19:36.40</b>
Current Season Best Time	<a href="#">00:26.10</a>	<a href="#">00:49.72</a>			<a href="#">03:19.17</a>	<a href="#">04:41.03</a>		09:16.02
Improvement	98.34%	96.83%	0.00%	0.00%	92.95%	95.03%	0.00%	47.26%

<b>T2T 14 - Female</b>								
<b>Drever, Allyson</b>	<b>200m</b>	<b>400m</b>	<b>500m</b>	<b>1000m</b>	<b>1500m</b>	<b>2000m</b>	<b>3000m</b>	<b>Overall</b>
<b>Personal Best</b>	<b>00:24.94</b>	<b>00:47.80</b>	<b>00:58.91</b>	<b>02:09.16</b>	<b>03:26.86</b>	<b>05:00.44</b>	<b>08:11.52</b>	<b>20:59.63</b>
Current Season Best Time	<a href="#">00:24.62</a>	<a href="#">00:48.03</a>	<a href="#">00:58.91</a>	<a href="#">02:09.16</a>	<a href="#">03:15.23</a>	<a href="#">05:16.76</a>		12:52.71
Improvement	98.72%	100.48%	100.00%	100.00%	94.38%	105.43%	0.00%	61.34%
<b>Harms, Cara</b>	<b>200m</b>	<b>400m</b>	<b>500m</b>	<b>1000m</b>	<b>1500m</b>	<b>3000m</b>	<b>Overall</b>	
<b>Start of the Season</b>	<b>00:23.73</b>	<b>00:43.93</b>	<b>00:53.21</b>	<b>01:52.55</b>	<b>03:00.05</b>	<b>06:38.25</b>	<b>13:31.72</b>	
Current Season Best Time	<a href="#">00:22.59</a>	<a href="#">00:42.30</a>	<a href="#">00:50.28</a>	<a href="#">01:45.78</a>	<a href="#">02:45.40</a>	<a href="#">06:23.95</a>		12:50.30
Improvement	95.20%	96.29%	94.49%	93.98%	91.86%	96.41%		94.90%
<b>Hennenfent, Ashley</b>	<b>200m</b>	<b>400m</b>	<b>1500m</b>	<b>2000m</b>	<b>3000m</b>	<b>Overall</b>		
<b>Start of the Season</b>	<b>00:26.43</b>	<b>00:51.39</b>	<b>03:26.65</b>	<b>04:52.75</b>	<b>07:12.14</b>	<b>16:49.36</b>		
Current Season Best Time	<a href="#">00:26.39</a>	<a href="#">00:51.70</a>	<a href="#">03:20.90</a>	<a href="#">04:39.14</a>		09:18.13		
Improvement	99.85%	100.60%	97.22%	95.35%	0.00%	55.30%		
<b>Riben, Meela</b>	<b>200m</b>	<b>400m</b>	<b>500m</b>	<b>1000m</b>	<b>1500m</b>	<b>3000m</b>	<b>Overall</b>	
<b>Personal Best</b>	<b>00:22.38</b>	<b>00:41.64</b>	<b>01:03.50</b>	<b>01:52.50</b>	<b>02:54.47</b>	<b>06:24.24</b>	<b>12:15.23</b>	
Current Season Best Time			<a href="#">00:51.02</a>	<a href="#">01:48.46</a>	<a href="#">02:57.09</a>		05:36.57	
Improvement	0.00%	0.00%	80.35%	96.41%	101.50%	0.00%	45.78%	
<b>Stribbell, Janaye</b>	<b>200m</b>	<b>400m</b>	<b>500m</b>	<b>1000m</b>	<b>1500m</b>	<b>3000m</b>	<b>Overall</b>	
<b>Personal Best</b>	<b>00:24.30</b>	<b>00:45.69</b>	<b>00:55.83</b>	<b>02:36.76</b>	<b>02:54.47</b>	<b>06:31.94</b>	<b>14:08.99</b>	
Current Season Best Time			<a href="#">00:55.83</a>	<a href="#">01:58.35</a>	<a href="#">03:04.60</a>		05:58.78	
Improvement	0.00%	0.00%	100.00%	75.50%	105.81%	0.00%	42.26%	

Junior B - Female							
<b>Bracha, Ceili</b>	<b>400m</b>	<b>500m</b>	<b>1000m</b>	<b>1500m</b>	<b>2000m</b>	<b>3000m</b>	<b>Overall</b>
<b>Personal Best</b>	<b>00:41.74</b>	<b>00:52.24</b>	<b>01:51.98</b>	<b>02:44.42</b>	<b>04:04.85</b>	<b>05:51.76</b>	<b>16:06.99</b>
<b>Current Season Best Time</b>		<a href="#">00:50.69</a>	<a href="#">01:43.95</a>	<a href="#">02:42.49</a>			<b>05:17.13</b>
<b>Improvement</b>	0.00%	97.03%	92.83%	98.83%	0.00%	0.00%	32.80%
<b>Coutu, Vanessa</b>	<b>500m</b>	<b>1000m</b>	<b>1500m</b>	<b>3000m</b>	<b>Overall</b>		
<b>Personal Best</b>	<b>00:49.12</b>	<b>01:42.45</b>	<b>02:37.61</b>	<b>05:34.25</b>	<b>10:43.43</b>		
<b>Current Season Best Time</b>	<a href="#">00:48.42</a>	<a href="#">01:39.89</a>	<a href="#">02:38.95</a>		<b>05:07.26</b>		
<b>Improvement</b>	98.57%	97.50%	100.85%	0.00%	47.75%		
<b>Dallaire, Shannon</b>	<b>500m</b>	<b>1000m</b>	<b>1500m</b>	<b>3000m</b>	<b>Overall</b>		
<b>Personal Best</b>	<b>00:53.42</b>	<b>01:52.41</b>	<b>03:00.26</b>	<b>06:29.36</b>	<b>12:15.45</b>		
<b>Current Season Best Time</b>	<a href="#">00:52.48</a>	<a href="#">01:48.18</a>	<a href="#">02:49.22</a>	<a href="#">06:18.55</a>	<b>11:48.43</b>		
<b>Improvement</b>	98.24%	96.24%	93.88%	97.22%	96.33%		
<b>Friesen, Kali Ann</b>	<b>400m</b>	<b>500m</b>	<b>1000m</b>	<b>1500m</b>	<b>2000m</b>	<b>3000m</b>	<b>Overall</b>
<b>Personal Best</b>	<b>00:44.52</b>	<b>00:55.34</b>	<b>01:55.51</b>	<b>02:58.71</b>	<b>04:35.82</b>	<b>06:27.65</b>	<b>17:37.55</b>
<b>Current Season Best Time</b>		<a href="#">00:54.18</a>	<a href="#">01:52.12</a>	<a href="#">02:52.54</a>			<b>05:38.84</b>
<b>Improvement</b>	0.00%	97.90%	97.07%	96.55%	0.00%	0.00%	32.04%
<b>Harrison, Heather</b>	<b>400m</b>	<b>500m</b>	<b>1000m</b>	<b>1500m</b>	<b>2000m</b>	<b>3000m</b>	<b>Overall</b>
<b>Personal Best</b>	<b>00:42.77</b>	<b>00:52.88</b>	<b>01:51.94</b>	<b>02:52.73</b>	<b>04:27.37</b>	<b>06:16.87</b>	<b>17:04.56</b>
<b>Current Season Best Time</b>		<a href="#">00:51.74</a>	<a href="#">01:50.01</a>	<a href="#">02:47.85</a>		<a href="#">06:18.64</a>	<b>11:48.24</b>
<b>Improvement</b>	0.00%	97.84%	98.28%	97.17%	0.00%	100.47%	69.13%
<b>Marshall, Annika</b>	<b>400m</b>	<b>500m</b>	<b>1000m</b>	<b>1500m</b>	<b>2000m</b>	<b>3000m</b>	<b>Overall</b>
<b>Personal Best</b>	<b>00:42.07</b>	<b>00:51.50</b>	<b>01:51.40</b>	<b>02:45.43</b>	<b>04:14.39</b>	<b>06:03.91</b>	<b>16:28.70</b>
<b>Current Season Best Time</b>		<a href="#">00:52.62</a>	<a href="#">01:46.03</a>	<a href="#">02:44.31</a>			<b>05:22.96</b>
<b>Improvement</b>	0.00%	102.17%	95.18%	99.32%	0.00%	0.00%	32.67%
<b>Millar, Mackenzie</b>	<b>200m</b>	<b>400m</b>	<b>1500m</b>	<b>3000m</b>	<b>Overall</b>		
<b>Personal Best</b>	<b>00:25.59</b>	<b>00:49.37</b>	<b>03:25.27</b>	<b>06:44.15</b>	<b>04:40.23</b>		
<b>Current Season Best Time</b>					<b>00:00.00</b>		
<b>Improvement</b>	0.00%	0.00%	0.00%	0.00%	0.00%		
<b>Morris, Jane</b>	<b>400m</b>	<b>500m</b>	<b>1000m</b>	<b>1500m</b>	<b>3000m</b>	<b>Overall</b>	
<b>Personal Best</b>	<b>00:43.83</b>	<b>00:54.16</b>	<b>01:54.40</b>	<b>02:58.16</b>	<b>06:19.97</b>	<b>12:50.52</b>	
<b>Current Season Best Time</b>		<a href="#">00:54.78</a>		<a href="#">03:12.90</a>		<b>04:07.68</b>	
<b>Improvement</b>	0.00%	101.14%	0.00%	108.27%	0.00%	32.14%	



<b>Moris, Molly</b>	<b>400m</b>	<b>500m</b>	<b>1000m</b>	<b>1500m</b>	<b>3000m</b>	<b>Overall</b>
<b>Personal Best</b>	<b>00:45.68</b>	<b>00:54.54</b>	<b>02:26.23</b>	<b>03:07.46</b>	<b>06:36.92</b>	<b>13:50.83</b>
Current Season Best Time		<a href="#">00:55.28</a>	<a href="#">01:54.39</a>	<a href="#">02:56.64</a>		05:46.31
Improvement	0.00%	101.36%	78.23%	94.23%	0.00%	41.68%
<b>Pelet, Emmarie</b>	<b>400m</b>	<b>500m</b>	<b>1000m</b>	<b>1500m</b>	<b>3000m</b>	<b>Overall</b>
<b>Personal Best</b>	<b>00:50.09</b>	<b>00:55.62</b>	<b>02:00.00</b>	<b>03:29.29</b>	<b>07:29.07</b>	<b>14:44.07</b>
Current Season Best Time		<a href="#">00:55.04</a>	<a href="#">01:54.36</a>	<a href="#">02:56.82</a>	<a href="#">06:28.28</a>	12:14.50
Improvement	0.00%	98.96%	95.30%	84.49%	86.46%	83.08%

<b>Junior A Female</b>						
<b>Moyse, Olivia</b>	<b>500m</b>	<b>1000m</b>	<b>1500m</b>	<b>3000m</b>	<b>Overall</b>	
<b>Personal Best</b>	<b>00:47.67</b>	<b>01:39.20</b>	<b>02:33.70</b>	<b>05:27.16</b>	<b>10:27.73</b>	
Current Season Best Time					00:00.00	
Improvement	0.00%	0.00%	0.00%	0.00%	0.00%	