

Legend		
Athlete Name	Distances Skated	Overall
Personal Best	All Time Personal Best Time	
Current Season Best Time	Season's Best Time for each Distance	
Improvement	Percentage of beginning of season's time. The lower the percentage the higher the level of improvement	

Please contact the SASSA Office for any discrepancies in this document

FUNdamentals - Female							
Personal Best	100m	200m	300m	400m	800m	1500m	Overall
Beveridge Warick, Taras	00:18.28	00:42.44	00:50.01	01:07.66	01:57.44	04:38.10	03:48.17
Current Season PB	<a href="#">00:15.33</a>	<a href="#">00:28.78</a>	<a href="#">00:42.51</a>		<a href="#">01:57.44</a>		03:24.06
	83.86%	67.81%	85.00%	0.00%	100.00%	0.00%	89.43%
Personal Best	100m	200m	300m	400m	1500m	Overall	
Bossaer, Jaydyn	00:15.21		00:42.09	00:54.92	03:56.06	05:48.28	
Current Season PB	<a href="#">00:15.21</a>		<a href="#">00:42.09</a>	<a href="#">00:54.92</a>	<a href="#">03:56.06</a>	05:48.28	
	100.00%	#DIV/0!	100.00%	100.00%	100.00%	100.00%	
Personal Best	100m	200m	300m	800m	1500m	Overall	
Burgess, Larisa	00:19.57	00:37.53	00:59.05	02:54.82		04:50.97	
Current Season PB	<a href="#">00:19.57</a>	<a href="#">00:37.53</a>	<a href="#">00:59.05</a>	<a href="#">02:54.82</a>		04:50.97	
	100.00%	100.00%	100.00%	100.00%	#DIV/0!	100.00%	
Personal Best	200m	300m	400m	1000m	1500m	Overall	
Cousineau, Meg	00:39.49	00:55.89				01:35.38	
Current Season PB	<a href="#">00:39.49</a>	<a href="#">00:55.89</a>				01:35.38	
	100.00%	100.00%	#DIV/0!	#DIV/0!	#DIV/0!	100.00%	
Personal Best	100m	200m	300m	400m	800m	Overall	
Green, Jaida	00:20.44	00:36.57	00:52.62	01:24.10	03:40.11	06:33.40	
Current Season PB						00:00.00	
	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	
Personal Best	100m	200m	300m	400m	800m	Overall	
Finch, Jayda	00:17.19	00:31.89	00:50.10		02:35.49	04:14.67	
Current Season PB	<a href="#">00:17.19</a>	<a href="#">00:31.89</a>	<a href="#">00:50.10</a>		<a href="#">02:35.49</a>	04:14.67	
	100.00%	100.00%	100.00%	#DIV/0!	100.00%	100.00%	
Personal Best	100m	200m	300m	400m	800m	Overall	
Kenyon, Gemma	00:23.58	00:42.83	01:05.57	01:45.91	04:01.28	06:13.26	
Current Season PB	<a href="#">00:18.13</a>	<a href="#">00:36.04</a>	<a href="#">00:55.18</a>		<a href="#">02:42.47</a>	04:31.82	
	76.89%	84.15%	84.15%	0.00%	67.34%	72.82%	
Personal Best	100m	200m	300m	400m	800m	Overall	
MacDonald, Brynn	00:17.59	00:34.38	00:53.26		02:42.04	04:09.68	
Current Season PB	<a href="#">00:17.59</a>	<a href="#">00:34.38</a>	<a href="#">00:53.26</a>		<a href="#">02:42.04</a>	04:27.27	
	100.00%	100.00%	100.00%	#DIV/0!	100.00%	107.05%	
Makowsky, Kamaya	100m	200m	300m	400m	800m	1500m	Overall
Personal Best	00:16.75	00:32.71	00:45.99	00:59.23	02:06.69	04:07.20	06:09.17
Current Season Best Time	<a href="#">00:15.15</a>		<a href="#">00:37.57</a>	<a href="#">00:50.29</a>		<a href="#">03:33.53</a>	05:16.54
Improvement	90.45%	0.00%	81.69%	84.91%	0.00%	86.38%	85.74%
Meinert, Natalie	100m	200m	300m	800m	Overall		

<b>Personal Best</b>	<b>00:18.63</b>	<b>00:33.47</b>	<b>00:51.51</b>	<b>02:26.13</b>	<b>04:09.74</b>		
Current Season Best Time	<a href="#">00:16.20</a>	<a href="#">00:30.70</a>	<a href="#">00:45.44</a>	<a href="#">02:19.92</a>	03:52.26		
Improvement	86.96%	91.72%	88.22%	95.75%	93.00%		
<b>Personal Best</b>	<b>200m</b>	<b>300m</b>	<b>400m</b>	<b>800m</b>	<b>1500m</b>	<b>2000m</b>	<b>Overall</b>
Simpson, Bailey	<b>00:41.23</b>	<b>00:58.64</b>					<b>01:39.87</b>
Current Season PB	<a href="#">00:41.23</a>	<a href="#">00:58.64</a>					01:39.87
	100.00%	100.00%	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	100.00%
<b>Personal Best</b>	<b>100m</b>	<b>200m</b>	<b>300m</b>	<b>400m</b>	<b>800m</b>	<b>1500m</b>	<b>Overall</b>
Stack-Michasiw, Lydia	<b>00:17.90</b>	<b>00:31.43</b>	<b>00:48.52</b>	<b>00:56.98</b>	<b>02:21.87</b>	<b>04:09.96</b>	<b>06:13.36</b>
Current Season PB	<a href="#">00:16.58</a>		<a href="#">00:41.69</a>	<a href="#">00:56.98</a>		<a href="#">04:09.96</a>	06:05.21
	92.63%	0.00%	85.92%	100.00%	0.00%	100.00%	97.82%
<b>Personal Best</b>	<b>100m</b>	<b>200m</b>	<b>300m</b>	<b>400m</b>	<b>800m</b>	<b>Overall</b>	
Textor, Hannah		<b>00:47.05</b>	<b>01:12.63</b>			<b>01:59.68</b>	
Current Season PB		<a href="#">00:47.05</a>	<a href="#">01:12.63</a>			01:59.68	
	#DIV/0!	100.00%	100.00%	#DIV/0!	#DIV/0!	100.00%	
<b>Personal Best</b>	<b>100m</b>	<b>200m</b>	<b>300m</b>	<b>800m</b>	<b>Overall</b>		
Veeman, Lena	<b>00:19.52</b>	<b>00:35.25</b>	<b>00:54.09</b>	<b>02:26.47</b>	<b>04:15.33</b>		
Current Season PB	<a href="#">00:17.03</a>	<a href="#">00:32.24</a>	<a href="#">00:47.11</a>	<a href="#">02:08.52</a>	03:44.90		
	87.24%	91.46%	87.10%	87.74%	88.08%		

<b>L2T - Female</b>							
<b>Personal Best</b>	<b>100m</b>	<b>200m</b>	<b>300m</b>	<b>400m</b>	<b>1500m</b>	<b>Overall</b>	
Cletheroe, Kayden	<b>00:16.10</b>	<b>00:30.10</b>	<b>00:45.52</b>	<b>01:03.81</b>	<b>04:54.96</b>	<b>01:03.81</b>	
Current Season PB				<a href="#">01:03.66</a>		01:03.66	
	0.00%	0.00%	0.00%	99.76%	0.00%	99.76%	
<b>Personal Best</b>	<b>100m</b>	<b>200m</b>	<b>300m</b>	<b>400m</b>	<b>800m</b>	<b>1500m</b>	<b>Overall</b>
Cletheroe, Kharma	<b>00:17.73</b>	<b>00:34.03</b>	<b>00:52.89</b>	<b>01:08.94</b>	<b>02:53.78</b>		<b>02:01.83</b>
Current Season PB			<a href="#">00:51.00</a>	<a href="#">01:07.65</a>			01:58.65
	0.00%	0.00%	96.43%	98.13%	0.00%	#DIV/0!	97.39%
<b>Personal Best</b>	<b>100m</b>	<b>200m</b>	<b>300m</b>	<b>400m</b>	<b>800m</b>	<b>1500m</b>	<b>Overall</b>
Dvorak, Sophia	<b>00:18.35</b>	<b>00:36.64</b>	<b>01:00.86</b>	<b>01:30.01</b>	<b>03:10.36</b>		<b>06:36.22</b>
Current Season PB	<a href="#">00:15.01</a>	<a href="#">00:28.88</a>	<a href="#">00:42.87</a>	<a href="#">00:58.07</a>	<a href="#">02:07.68</a>		04:32.51
	81.80%	78.82%	70.44%	64.52%	67.07%	#DIV/0!	68.78%
<b>Personal Best</b>	<b>100m</b>	<b>200m</b>	<b>300m</b>	<b>400m</b>	<b>800m</b>	<b>1500m</b>	<b>Overall</b>
Green, Jaida		<b>00:32.21</b>	<b>00:46.65</b>				<b>01:18.86</b>
Current Season PB		<a href="#">00:32.21</a>	<a href="#">00:46.65</a>				01:18.86
	#DIV/0!	100.00%	100.00%	#DIV/0!	#DIV/0!	#DIV/0!	100.00%
<b>Personal Best</b>	<b>100m</b>	<b>200m</b>	<b>300m</b>	<b>400m</b>	<b>1500m</b>	<b>Overall</b>	
Hryciuk, Sophia	<b>00:15.75</b>		<b>00:43.54</b>	<b>00:58.03</b>	<b>03:55.92</b>	<b>05:53.24</b>	
Current Season PB	<a href="#">00:14.91</a>		<a href="#">00:40.94</a>	<a href="#">00:53.10</a>	<a href="#">03:40.52</a>	05:29.47	
	94.67%	#DIV/0!	94.03%	91.50%	93.47%	93.27%	
<b>Personal Best</b>	<b>100m</b>	<b>200m</b>	<b>300m</b>	<b>400m</b>	<b>800m</b>	<b>1500m</b>	<b>Overall</b>
Scutchings, Melissa	<b>00:16.24</b>	<b>00:29.94</b>	<b>00:43.73</b>	<b>01:00.83</b>	<b>02:14.90</b>	<b>04:07.20</b>	<b>06:08.00</b>
Current Season PB	<a href="#">00:14.54</a>		<a href="#">00:37.48</a>	<a href="#">00:49.74</a>		<a href="#">03:17.61</a>	04:59.37
	89.53%	0.00%	85.71%	81.77%	0.00%	79.94%	81.35%

T2T 11 - Female							
<b>Personal Best</b>	<b>200m</b>	<b>300m</b>	<b>400m</b>	<b>800m</b>	<b>1500m</b>	<b>3000m</b>	<b>Overall</b>
Beauregard, Felicity	00:31.53	00:45.99	01:01.55	02:12.35	04:07.36	07:45.78	12:39.13
Current Season PB		<a href="#">00:36.75</a>			<a href="#">03:40.18</a>	<a href="#">07:45.78</a>	12:02.71
	0.00%	79.91%	0.00%	0.00%	89.01%	100.00%	95.20%
<b>Personal Best</b>	<b>200m</b>	<b>300m</b>	<b>400m</b>	<b>800m</b>	<b>1500m</b>	<b>3000m</b>	<b>Overall</b>
Carle, Mickayla					04:33.96		04:33.96
Current Season PB					<a href="#">04:33.96</a>		04:33.96
	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	100.00%	#DIV/0!	100.00%
<b>Personal Best</b>	<b>200m</b>	<b>300m</b>	<b>400m</b>	<b>1500m</b>	<b>2000m</b>	<b>3000m</b>	<b>Overall</b>
Cloutier, Ella	00:25.94	00:37.56	00:49.50	03:32.18	06:26.49	06:06.48	10:16.22
Current Season PB		<a href="#">00:32.41</a>		<a href="#">02:50.32</a>		<a href="#">06:06.48</a>	09:29.21
	0.00%	86.29%	0.00%	80.27%	0.00%	100.00%	92.37%
<b>Personal Best</b>	<b>200m</b>	<b>300m</b>	<b>400m</b>	<b>1500m</b>	<b>3000m</b>	<b>Overall</b>	
Dallaire, Serena	00:31.00	00:36.18	00:49.75	03:21.71	06:06.25	10:04.14	
Current Season PB		<a href="#">00:32.02</a>		<a href="#">02:46.41</a>	<a href="#">06:06.25</a>	09:24.68	
	0.00%	88.50%	0.00%	82.50%	100.00%	93.47%	
<b>Personal Best</b>	<b>200m</b>	<b>300m</b>	<b>400m</b>	<b>1000m</b>	<b>1500m</b>	<b>3000m</b>	<b>Overall</b>
Fromback, Amber	00:28.40	00:41.37	00:59.10	04:09.61	04:23.56	07:28.50	12:33.43
Current Season PB		<a href="#">00:38.16</a>			<a href="#">03:33.54</a>	<a href="#">07:28.50</a>	11:40.20
	0.00%	92.24%	0.00%	0.00%	81.02%	100.00%	92.93%
<b>Personal Best</b>	<b>100m</b>	<b>300m</b>	<b>400m</b>	<b>1500m</b>	<b>3000m</b>	<b>Overall</b>	
Smith, Julia	00:16.99	00:45.14	00:58.84	03:56.38	07:35.65	12:17.17	
Current Season PB		<a href="#">00:39.05</a>		<a href="#">03:25.59</a>	<a href="#">07:35.65</a>	11:40.29	
	0.00%	86.51%	0.00%	86.97%	100.00%	95.00%	
<b>Personal Best</b>	<b>200m</b>	<b>300m</b>	<b>400m</b>	<b>1500m</b>	<b>3000m</b>	<b>Overall</b>	
Turnball, Sophie	00:32.26	00:49.21		03:37.94	07:35.33	12:02.48	
Current Season PB		<a href="#">00:39.76</a>		<a href="#">03:34.86</a>	<a href="#">07:35.33</a>	11:49.95	
	0.00%	80.80%	#DIV/0!	98.59%	100.00%	98.27%	

T2T 12 - Female							
<b>Personal Best</b>	<b>200m</b>	<b>300m</b>	<b>400m</b>	<b>500m</b>	<b>1000m</b>	<b>1500m</b>	<b>Overall</b>
Andreas, Shannon	00:32.32	00:40.89	01:00.66	01:12.58	02:39.07	04:11.85	04:11.85
Current Season PB						<a href="#">04:04.59</a>	04:04.59
	0.00%	0.00%	0.00%	0.00%	0.00%	97.12%	97.12%
<b>Personal Best</b>	<b>200m</b>	<b>300m</b>	<b>400m</b>	<b>500m</b>	<b>1000m</b>	<b>1500m</b>	<b>Overall</b>
Benson, Kiara						04:25.96	04:25.96
Current Season PB						<a href="#">04:25.96</a>	04:25.96
	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	100.00%	100.00%
<b>Previous PB</b>	<b>300m</b>	<b>400m</b>	<b>500m</b>	<b>1000m</b>	<b>1500m</b>	<b>3000m</b>	<b>Overall</b>
Bracha, Kiera	00:34.66	00:46.50	00:59.57	02:08.24	03:13.16	06:22.86	10:10.68
Current Season PB	<a href="#">00:31.31</a>				<a href="#">02:37.46</a>	<a href="#">05:59.63</a>	09:08.40
	90.33%	0.00%	0.00%	0.00%	81.52%	93.93%	89.80%
<b>Personal Best</b>	<b>300m</b>	<b>400m</b>	<b>500m</b>	<b>1000m</b>	<b>1500m</b>	<b>3000m</b>	<b>Overall</b>
Capili, Morgan	00:37.57	00:52.18	01:04.57	02:10.49	03:29.35	07:09.19	11:16.11
Current Season PB	<a href="#">00:34.55</a>				<a href="#">02:59.31</a>	<a href="#">06:28.31</a>	10:02.17

	91.96%	0.00%	0.00%	0.00%	85.65%	90.48%	89.06%
<b>Personal Best</b>	<b>200m</b>	<b>400m</b>	<b>500m</b>	<b>1000m</b>	<b>1500m</b>	<b>3000m</b>	<b>Overall</b>
Drever, Allyson	00:28.78	00:58.56	01:09.86	02:23.18	04:22.74	08:38.11	01:27.34
Current Season PB							00:00.00
	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%	0.00%
<b>Personal Best</b>	<b>300m</b>	<b>400m</b>	<b>500m</b>	<b>1000m</b>	<b>1500m</b>	<b>3000m</b>	<b>Overall</b>
Liu, Yilin	00:37.87				03:25.22	07:27.56	11:30.65
Current Season PB	<u>00:37.87</u>				<u>03:25.22</u>	<u>07:27.56</u>	11:30.65
	100.00%	#DIV/0!	#DIV/0!	#DIV/0!	100.00%	100.00%	100.00%
<b>Personal Best</b>	<b>300m</b>	<b>400m</b>	<b>500m</b>	<b>1000m</b>	<b>1500m</b>	<b>3000m</b>	<b>Overall</b>
Reynoldson, Gracie	00:34.47		00:58.36	02:03.48	03:00.37	06:11.43	09:46.27
Current Season PB	<u>00:32.53</u>				<u>03:00.37</u>	<u>06:09.70</u>	09:42.60
	94.37%	#DIV/0!	0.00%	0.00%	100.00%	99.53%	99.37%
<b>Personal Best</b>	<b>300m</b>	<b>500m</b>	<b>1000m</b>	<b>1500m</b>	<b>2000m</b>	<b>3000m</b>	<b>Overall</b>
Seman, Avery	00:40.45	01:08.48	02:29.64	03:29.96		08:17.67	12:28.08
Current Season PB	<u>00:37.07</u>			<u>03:29.96</u>		<u>07:27.82</u>	11:34.85
	91.64%	0.00%	0.00%	100.00%	#DIV/0!	89.98%	92.88%

<b>T2T 13 - Female</b>							
<b>Personal Best</b>	<b>300m</b>	<b>500m</b>	<b>1000m</b>	<b>1500m</b>	<b>3000m</b>	<b>Overall</b>	
Harms, Cara	00:33.59	00:59.53	02:10.54	02:46.86	07:17.29	10:37.74	
Current Season PB	<u>00:32.32</u>			<u>02:46.86</u>	<u>06:04.46</u>	09:23.64	
	96.22%	0.00%	0.00%	100.00%	83.35%	88.38%	
<b>Personal Best</b>	<b>300m</b>	<b>500m</b>	<b>1000m</b>	<b>1500m</b>	<b>3000m</b>	<b>Overall</b>	
Hennenfent, Ashley	00:35.92			03:34.73	07:46.87	11:21.60	
Current Season PB	<u>00:35.92</u>			<u>03:34.73</u>	<u>07:46.87</u>	11:21.60	
	100.00%	#DIV/0!	#DIV/0!	100.00%	100.00%	100.00%	
<b>Personal Best</b>	<b>200m</b>	<b>300m</b>	<b>400m</b>	<b>500m</b>	<b>1500m</b>	<b>3000m</b>	<b>Overall</b>
Riben, Meela	00:24.45	00:30.03	00:48.09	00:48.34	03:06.67	05:40.06	09:16.76
Current Season PB		<u>00:28.43</u>			<u>02:22.68</u>	<u>05:21.19</u>	08:12.30
	0.00%	94.67%	0.00%	0.00%	76.43%	94.45%	88.42%
<b>Personal Best</b>	<b>200m</b>	<b>300m</b>	<b>500m</b>	<b>1000m</b>	<b>1500m</b>	<b>3000m</b>	<b>Overall</b>
Stribbel, Janaye	00:29.03	00:31.50	00:56.82	02:00.22	02:38.96	05:51.09	09:01.55
Current Season PB		<u>00:31.06</u>			<u>02:38.96</u>	<u>05:44.47</u>	08:54.49
	0.00%	98.60%	0.00%	0.00%	100.00%	98.11%	98.70%

<b>T2T 14 - Female</b>						
<b>Personal Best</b>	<b>300m</b>	<b>400m</b>	<b>500m</b>	<b>1500m</b>	<b>3000m</b>	<b>Overall</b>
Bracha, Ceili	00:31.73	00:50.83	00:52.67	02:54.40	05:49.57	06:21.30
Current Season PB	<u>00:30.00</u>				<u>05:17.68</u>	05:47.68
	94.55%	0.00%	0.00%	0.00%	90.88%	91.18%
<b>Personal Best</b>	<b>300m</b>	<b>500m</b>	<b>1000m</b>	<b>3000m</b>	<b>Overall</b>	
Dallaire, Shannon	00:34.04	00:58.26	02:12.20	07:00.20	07:34.24	
Current Season PB	<u>00:31.24</u>			<u>05:40.67</u>	06:11.91	
	91.77%	0.00%	0.00%	81.07%	81.88%	

