

## **Purpose**

The SASSA High Performance Bulletin is integral to the HP Program that SASSA provide its athletes. The High Performance Committee along with SASSA's Provincial Coach and Executive Director are responsible for creating policies found on this document. **The HP Bulletin #2 – 2013 is for this year (September 1<sup>st</sup>, 2013 to March 31<sup>st</sup>, 2014 only.** The High Performance Committee will review and create a new HP Bulletin to be released on September 1<sup>st</sup> of each year. The goal of this document is to map out SASSA's support and show athletes the pathway to high performance skating.

## **SASSA Teams**

- Train 2 Train Athletes and Junior B+ up athletes are on separate teams
- T2T: Saskatchewan Development Team
- Junior B + up: Saskatchewan Provincial Team
- **In an attempt to increase support of in-province skaters, the HP Committee will review coaching support on a competition by competition basis. It will not be based on the number of in-province skaters attending a competition.**

## **Saskatchewan Development Team**

- **T2T only athletes.**
- **Main Competitions: Canada West Short Track and Canadian Age Class Long Track.**
- **What SASSA would provide:**
  - Support at these competitions in the form of providing coach(es)
  - Provide funding for registration fees at these two competitions.
- **How to qualify:**
  - Top 4 Male/Female T2T skaters in LT and ST for a total of 16 positions.
  - LT/ST use best times from 2 distances for ranking. **Outdoor times for Long Track will only be eligible for ranking. Indoor mass start times will not be used for ranking.**
- **Financial Support:**
  - Coaching support at CWST, CANLT, and any other identified competitions.
  - Entry fee for Canadian Age Class Long Track and Canada West Short Track competitions.
- **Qualifying athletes will be on the Development Team for the 2012-13 season (1 year terms). Athletes must qualify each year for a spot on the team.**

## **Saskatchewan Provincial Team**

- **Junior B + up until Sport Canada Carded athletes.**
- **What SASSA would provide:**
  - Support at two competitions per season for both long track and short track
  - Provide provincial team training camps.
  - FiF & Can Am: athletes pay, cost recovery from SASSA.
  - Dryland Camps & ST and LT Camps.
  - Entry fee for all Canada Cups and national short track competitions.
- **How to Qualify:**
  - Top 4 Male/Female skaters in LT and ST for a total of 16 positions.
  - LT/ST use best times from 2 distances for ranking.
  - Minimum standard is 110% of Provincial Records.
  - Long Track Times:

- To aid in including skaters that have outdoor times only, the following formula was created.
- The Top 5 Female and Male Saskatchewan skaters' indoor times and times from Canada II outdoor times were taken for each distance.
- The difference between the five different skaters' indoor and outdoor times were taken and averaged.
- The below table will be used to calculate outdoor times for ranking the LT portion of the Provincial Team.

<b>Female - Distance</b>	<b>500m</b>	<b>1000m</b>	<b>1500m</b>	<b>3000m</b>
<b>Outdoor Times Subtract:</b>	<b>00:03.22</b>	<b>00:07.58</b>	<b>00:12.21</b>	<b>00:21.95</b>

<b>Male - Distance</b>	<b>500m</b>	<b>1000m</b>	<b>1500m</b>	<b>3000m</b>	<b>5000m</b>	<b>10000m</b>
<b>Outdoor Times Subtract:</b>	<b>00:02.67</b>	<b>00:06.12</b>	<b>00:09.21</b>	<b>00:19.94</b>	<b>00:36.51</b>	<b>00:40.90</b>

- **Medical Replacement Policy**

- In the case of an injury to a skater while competing on the Provincial Team, the decision to remain on the team is left up to the discretion of the High Performance Committee and SASSA Provincial Coach, after consultation the family physician.
- In the case where a skater is on the Provincial Team and is injured prior to the skating season, the decision to maintain the skater on the team is left up to the discretion of the High Performance Committee and SASSA Provincial Coach, after consultation the family physician.
- In the case where a skater on the Provincial Team is injured and is unable to compete at selected supported events, the High Performance Committee and SASSA Provincial Coach will select an alternate skater.

- **Financial Support:**

- Coaching Support at Winterfest, Canadian ST, Canada Cup II, and Canada Cup III, or other competitions as the HP Committee deems fit.
- Entry fee for all Canada Cups and national short track competitions.
- Dryland Camps.
- Can Am Camp.
- CWG Suit funding.

- **Qualifying athletes will be on the Provincial Team for the 2013-14 season (1 year terms). Athletes must qualify each year for a spot on the team.**

The SASSA HP Committee reserves the right to modify or change the enclosed policies in the event that exceptional circumstances arise and that any such changes are, as the SASSA -HPC solely determines, clearly in the best interest of the high performance program. In these situations all athletes and coaches will be advised of any changes as soon as they are confirmed by the SASSA HPC.