

Saskatchewan Speed Skating High Performance Bulletin

#4 – 2015

Purpose



The SASSA High Performance Bulletin is integral to the HP Program that SASSA provides its athletes. The High Performance Committee along with SASSA's Provincial Coach and Executive Director are responsible for creating policies found on this document and is intended to compliment and support the goals of SASSA's four year High Performance Planning Initiative (HPPI: 2015-2019). The **2015 HP Bulletin #4 – is for the Skating year of June 1st, 2016 to May 31st, 2017 only. The results from the 2015-16 season will be used to select this team.** This will give skaters a goal to work towards during the 2015-16 season.

The Development Team will feature T2T athletes and athletes in their last year of L2T during the 2015-16 season. The Provincial Team will include Junior + Neo Senior athletes and athletes in their last year of T2T during the 2015-16 season. The reason L2T and T2T are being included in the Development and Provincial Teams respectively is that during the 2016-2017 season they will be moving up to the appropriate age categories to be considered for the Development/Provincial Teams. Those skaters moving up will have their times measured against the same time standards as the other skaters in the selection process of the Provincial & Development Teams (ex. L2T skaters moving up will have their times measured against T2T Provincial Records).

The High Performance Committee will review and create a new HP Bulletin to be released by September 1st of each year. The goal of this document is to map out SASSA's support and show athletes the pathway to high performance in the context of meeting the short and long term goals of the High Performance Planning Initiative.

HPPI: The long term goal of SASSA is to prepare our skaters for the oval program in either short track or long track. We believe that we can prepare them so that, in addition to years of work at a higher level they can represent our province and country in Junior Worlds, World Cups and Olympic Games. For more information on the SASSA High Performance Planning Initiative [Click here!](#)

SASSA Teams

- 2016-2017 T2T Athletes: Saskatchewan Development Team, training in Province
- 2016-2017 Junior to Neo Senior: Saskatchewan Provincial Team, training in Province
- Athletes training out of Province are covered by the Blue Book Funding
- **In an attempt to increase support of in-province skaters, the HP Committee will review coaching support on a competition by competition basis. It will not be based on the number of in-province skaters attending a competition.**

Saskatchewan Development Team

- **T2T athletes and athletes in their last year of L2T (2015-16 season), in Province**
- **Main Competitions: Canada West Short Track and Canadian Age Class Long Track.**
- **What SASSA would provide to support HPPI Goals for Development Team:**
 - Training camps.
 - FiF & Can Am Camps: athletes pay, cost recovery from SASSA.
 - Support at these competitions in the form of coaching.
 - Provide funding for Out-of-Province competitions.
 - Athletes can purchase the Saskatchewan Team suit at their own cost.
- **How to qualify:**
 - Up to 4 Male/Female T2T skaters in LT and ST for a total of up to 16 positions.
 - LT/ST will use best times from 2 distances for ranking and must be within 115 % of SK T2T records
 - **Outdoor times for Long Track will only be eligible for ranking. Indoor mass start times will not be used for ranking.**
- **Financial Support:**
 - FiF and Can Am camps registration fees reimbursed.
 - Coaching support at CWST, CACLT and other identified competitions.

- Each Skater will be eligible for \$200.00 dollars of total financial assistance for attending two Out-of-Province competitions. Skaters will receive \$100.00 dollars per competition attended. This funding will be awarded following proof of attendance and submission of receipts.
- **Qualifying athletes will be on the Development Team for the 2016-17 season (1 year term). Athletes must qualify each year for a spot on the team.**

Saskatchewan Provincial Team

- **Junior + Neo Senior athletes and athletes in their last year of T2T (2015-16 season), in Province**
- **Main Competitions: Canada Cups and Canadian ST Championships**
- **What SASSA would provide to support HPPI Goals for the Provincial Team:**
 - Provide provincial team training camps.
 - FiF & Can Am Camps: athletes pay, cost recovery from SASSA.
 - Provide funding for Out-of-Province competitions.
 - Athletes can purchase the Saskatchewan Team suit at their own cost.
- **How to Qualify:**
 - Qualifying times will be used from the previous season due to the time standards being released by Speed Skating Canada. This information is not available until after the HP Bulletin is published.
 - Any athletes that have times that meet the time standards to qualify for National Competitions will be on the Provincial Team, up to 16 skaters. The ranking for these athletes will be based off Canadian Records.
 - The athletes primary residence must be in Saskatchewan.
- **Financial Support:**
 - Coaching support at National competitions and camps.
 - FiF and Can Am camps registration fees reimbursed.
 - There will be 16 shares of \$500 dollars available to athletes on the team. If there are less than 16 athletes that qualify, the rest of the available funds will be divided up amongst the eligible skaters up to a maximum share of \$1,000 dollars per skater. To receive funding skaters must compete at two Out of Province Competitions. Examples: *Short Track*- ST Age Class + 1 Out-of-Province competition, *Long Track*- Canada Cups. This funding will be awarded following proof of attendance and submission of receipts.

Qualifying athletes will be on the Provincial Team for the 2016-17 season (1 year terms). Athletes must qualify each year for a spot on the team.

Athletes Training -Out of Province

- All ages, funded according to the blue book policies.
- If competing at a National Level, athletes can purchase a Saskatchewan Suit at their own cost.

The SASSA HP Committee reserves the right to modify or change the enclosed policies in the event that exceptional circumstances arise and that any such changes are, as the SASSA –High Performance Committee solely determines, clearly in the best interest of the high performance program. In these situations all athletes and coaches will be advised of any changes as soon as they are confirmed by the SASSA High Performance Committee.