



Long Track Mini Meet

January 27, 2024

Information Bulletin

Mount Pleasant Sports Park Oval – 750 Winnipeg St N – Regina, SK

This is NOT a split meet. All races are subject to change due to time and weather factors.

- **Open: Neo Senior & Senior** (19 and up) OS 500m, OS 1000m, MS 1500m superfinal. **500m LT seed time**
- **Neo Junior, Junior.** OS 500m, OS 1000m, MS 1500m superfinal. **500m LT or 400m ST seed time**
- **11-13 years.** Mass Start 300m heat and final, OS 500m, MS1500m superfinal. **500 LT or 400m ST seed time**
- **4-10 years.** Mass Start 100m, 300m, 400m, 500m superfinal. **300m ST seed time**
- **Active Start** (less than 6 years): 50m and 100m races (lunchtime both days)

REGISTRATION: <https://icereg.ca/#!/events/2401-regina-long-track-mini-meet>

ENTRY FEE: \$45 (Subway lunch included)

Volunteer sign up: <https://volunteersignup.org/TLXTX> (lunch provided)

Please Note: It is recommended that all participants bring their own coffee and snacks.

Spectator Lunch Vouchers: Subway lunch and drink can be pre-ordered for a cost of \$10.

REGISTRATION DEADLINE: Friday, January 19th at 11:59 pm

MEET COORDINATOR:

Margot Benning
306 541-9772 /

Email: competitions@reginaspeedskating.ca

REGISTRAR:

Nancy Armstrong
306-527-6607

Email: membership@reginaspeedskating.ca

Post-Meet Steak Night Fundraiser!

Nicky's Café
1005 8th Ave
Saturday, January 27th
Time: 4:45-7:00 pm

Ticket prices: \$30 (ages 12+) or \$20 (under 12 years)

The price includes your choice of protein (steak, chicken, or ribs), along with salad, roasted potato, and a vegetable. Drinks and dessert are available at an extra cost.

Raffle tickets will be available for purchase! (Cash only)

Invite your friends and family!