

Saskatchewan Speed Skating

IMPORTANT INFORMATION

By : Jordan St.Onge
Executive Director, SASSA

SASSA Development Team

**Train to Train
Athletes
In-Province**

**Top 2
Male (12-15) &
Female (11-14)**

**Short Track
200m, 400m,
1500m, 3000m**

2017-18 Season's
Best times
1 Sprint 1 Distance

**Athletes can be
named to S.T. &
L.T. team!**

**Long Track
300m, 500m,
1500m, 3000m**



SASSA Development Team Benefits

Fast is Fun – Camp Fees covered by SASSA

Can Am Camp– Reduced camp Fees

Out of Province Competition Support \$200.00

Coaching Support at Canadian Age Class LT & CanWest ST

Athletes can purchase a Team SASSA Suit

At their own cost!



SASSA Provincial Team

**Junior + Neo
Senior Athletes
In-Province**

**16 spots
Male (15–22) &
Female (15–22)**

**Athletes must be
actively skating to be
named to the team!**

**Meet Time
Standard for
National
Competitions**

**Athletes can be
named to S.T. &
L.T. team!**

**Athlete's
primary
residence must
be SK**



SASSA Provincial Team Benefits

Fast is Fun – Camp Fees covered by SASSA

Can Am Camp– Reduced camp Fees

Out of Province Competition Support
\$500.00–\$1,000.00

Can purchase Sask Team Suit at their own cost.

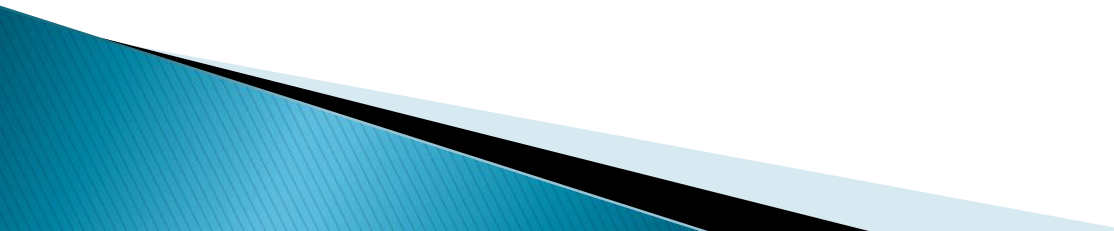


Fast is Fun –Short Track camp

- ▶ Late August Friday, Saturday & Sunday
- ▶ Camp Fees: \$135 dollars, Free for Provincial & Development Teams
- ▶ Saturday BBQ
- ▶ Skating, Dry-Land Training, Fun Games.
- ▶ Who should attend? Ages 6–16.



Can Am- Long Track Camp

- ▶ Mid November (camp during the week), (competition on the weekend)
 - ▶ \$300.00 dollars, \$240.00 dollars (Dev. Team)
 - ▶ Fees cover Food, Accommodations & Transportation.
 - ▶ Ice & Dry land Training
 - ▶ Can Am Competition Following the camp
 - ▶ Who should attend: T2T & Junior L.T. skaters
- 

Canada Winter Games



Short Track: Age 14–19

Team Selection:

1. Warman Oct 27–28, 2018
2. Caronport Nov 10–11, 2018

Long Track: Age 14–19

Team Selection:

1. Calgary Nov 23–25, 2018
2. Saskatoon Jan 5–6, 2018

National Training Centre Funding

Who: Post-Secondary Skaters	Where: Calgary- Olympic Oval & Montreal - Maurice Richard Arena	How: Accepted into the Oval Program & Meet Time Standard.
Long & Short Track.	Funding: National Training Centre (\$11,500) & Athlete Assistance (\$5,000)	Purpose: Provide financial assistance to help athletes make the Canadian National and Development Teams



Contact Information

- ▶ By Email: sassa@sasktel.net
- ▶ By Phone: 306-780-9400
- ▶ Provincial Coach Tim Comfort
- ▶ PC Phone: 306-221-2971
- ▶ PC Email: tcomfort@sasktel.net
- ▶ PLEASE Contact Sask Speed Skating with any questions you might have!
- ▶ Thank you!

